

THE RAMBLER

THE pictorial features and the history of the River road, which leads west from the Rockville road at Tenleytown, are not to be exhausted in the course of a single ramble, or, for that matter, in the course of several rambles. A week or so ago the Rambler told of his trip over a section of this very old highway and carried his narrative as far as Henry Loughborough's stone house, a part of which was an Indian trading post in that remote time when such things were to be met with in the country around Washington. Last Sunday the walk led past that old gray house, with its evergreen screen and shade of pines and cedars, and farther along the River road to the valley of Willets branch, which is the next watercourse to be crossed after you have turned your back on Little Falls branch.

After crossing Willets branch and ascending to the higher ground on the westward side you come to a small house with rough stone chimneys, which stands on the left of the road. That house ever so long ago, and no one seems able to find out how long ago, was known as the Spinning Wheel Tavern. It was the Spinning Wheel Tavern a good many years before the coming on of the American revolution.

Local antiquarians have sought to date back to the time of the erection of that house, but have given over the task, saying that they are sure it was standing there and doing a thriving trade with the wagoners and stage coach passengers traveling between east and west when that is now Montgomery county was a part of Prince Georges county. Montgomery county was created in 1775 and the Spinning Wheel Tavern was an institution then. This house has been the subject of particular inquiry by Mrs. Henry Loughborough and by Mrs. Frankstone, who lives on the Bell Mill road, about four miles west of the tavern. It was as by members of old Maryland families who are actively interested in the Society of the Daughters of the American Revolution and its work.

The Rambler stopped at the tavern for a rest and a chat with the people who live there today and who have long lived there. The head of the family is John (not John) Willett. Mrs. Willett is the daughter of Rachel Shoemaker and Thomas Dean, and the Deans owned the tavern as far back as its history can be traced, which is to 1775. Mrs. Willett's father was Thomas Dean, his father was Thomas Dean and his father was also Thomas Dean, who was running the Spinning Wheel Tavern at the outbreak of the American revolution and who became a patriot soldier in the Continental army. It was called the Spinning Wheel Tavern because its sign was a spinning wheel, which in those days was understood as a symbol of industry and thrift. Some taverns were the "Red Horse," the "White Horse," the "Blue Dragon," the "Black Horse," the "Golden Pheasant," etc., but this tavern, a few miles west of the spot on which the capital city of the nation was to rise was the Spinning Wheel. That device was in the second-story window, above the main door, fronting the street. When the house was partly remodeled, just after the close of the civil war, the spinning wheel was removed and nobody with whom the Rambler has talked about this subject knows what became of it.

Living there now is W. B. Stacks. He has been there about twenty-five years, and living there before him was James B. Stacks, whose daughter became Mrs. Stacks. Before it came to be known as the Dailey place it was the Posey place, and was in possession of a branch of that old southern Maryland family for many years, just how many the Rambler could not find out because in that locality the old settlers the Rambler met with do not seem to preserve a very distinct remembrance of the Poseys who lived there, but



WILLETT FAMILY AT SPINNING WHEEL TAVERN.

a story of a trip through the country west of the American University and over the fields through which no roads at that time. On that trip he came upon a little cemetery, fenced in with iron pickets, but upgrown with a tangle of vines. It was a Shoemaker burying ground and he copied a number of the epitaphs. Last Sunday, when Mrs. Willett said that her mother was Rachel Shoemaker of that neighborhood, the Rambler recalled the little cemetery which he had come upon long before. Mrs. Willett knew all about it. The people who sleep there were her people. Rachel Shoemaker was the daughter of Samuel Shoemaker, and a good many years ago the Shoemaker family owned a number of farms in that territory, their land extending from the Rockville pike to the receiving reservoir near the District line. There were the farms of Samuel Shoemaker and of his brothers, Isaac, David, Charles and Jonathan.

The Willetts have several children, and one of the sons, with his wife and children, lives in a house back from the River road and a few hundred yards distant from the Spinning Wheel Tavern. The Rambler invited the whole family to stand before his camera.

After saying farewell to the Spinning Wheel Tavern and its folks the Rambler resumed his westward way along the River road. Crossing another branch and climbing another hill you see near the top of this hill, and on the left of the way, high bank, matter with brambles and honeysuckle, and growing on top of the bank is a big cedar tree. There is swinging gate and a long lane leading back to a house with steep roof, stone walls and dormer windows, and feeling that something interesting lay that way the Rambler pushed open the creaking gate and trudged down that long lane.

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some time this part of the history of the place will come out. Mr. Stacks said that some of the women interested in neighborhood history had told him that the house was built about a hundred and sixty years ago and its gray stone walls seem to support that estimate.

Leaving the Posey place and continuing westward you pass a great tract of land on the right of the road posted the name Hasty. He is a farmer and dairyman and lives in a village-like cluster of white buildings far back from the road. These Hardy's were formerly belonged to the Counselman family, and on the road near the end of the walk which led to the cars at Cabin John, the Rambler came up with a nephew of the Counselman who at one time owned those long stretches of fields and woods.

Patent Office Fires.

A CITATION over the fire danger in the patent office brought to the Rambler recollections of the great fires of September 24, 1877, and December 15, 1836. In a recent report to the House of Representatives the commissioner of patents said that "the crowded condition of the patent office, which has been called to the attention of Congress, is steadily growing worse and the danger of fire is very serious."

Only a few days after that report was sent to Congress fire broke out in a storage room in the subbasement on the G street side of the building. The blaze, which was discovered soon after 1 o'clock on the morning of February 24, was due, it was believed, to

crossed electric wires. The Rambler to refresh his memory of the historic fires and to reproduce in these columns the known facts concerning them, wrote to the commissioner of patents for information. The letter found its way to the chief clerk, and through his stenographer, who is also an enthusiastic writer, the Rambler secured a load of a valuable pamphlet entitled "An Account of the Destruction by Fire of the North and West Halls of the Model Room in the United States Patent Office Building on the 24th of September, 1877, Together with a History of the Patent Office from 1790 to 1877." Illustrated. This



SPINNING WHEEL TAVERN ON RIVER ROAD.

pamphlet was issued at Washington, presumably by the patent office, October 25, 1877, and is a valuable volume from the library, of little value to any one. There is no graphic description and very little on record of interest in reference to this important event.

It is related in this old publication that Mr. William Steiger, who is living (1877) and was a clerk in the office and resided on E street, directly opposite the patent office, says he was awakened about half-past 3



POSEY, STACKS' PLACE WEST OF TENLEYTOWN.

o'clock in the morning by the information that the office was on fire. He dressed himself and ran out, and although the fire had evidently been burning some time, only four or five persons were on the ground. He ascended the steps of the patent office building and tried to get in at the east door, but could not do it on account of the dense smoke issuing from it. He then made efforts to spread the alarm, running down to Pennsylvania avenue and from there to C street, where the commissioner lived. When he and the commissioner returned to the building they made efforts to reach the patent office, but the fire had made such progress that their attempts were futile, and everything was destroyed.

The House and Senate committees on post offices and post roads submitted, January 20, 1887, a report on the destruction of the patent office, in which they said that they had examined thirty-two persons, and that the evidence taken was conclusive that the fire originated in the cellar under the city post office, but in which room they were unable to say with certainty. They were also unable to charge the fire to any particular cause, although they remarked that the ashes which came from the wood fires about the building were found in the cellar, holding from fifteen to twenty bushels. This box was in a room in which the patent office had its winter wood stored.

"It is in evidence," the committee remarks, "that, a year before, fire had been discovered in this box, but had been extinguished before any damage was done, and it is possible that the fire originated in the cellar under the city post office, but in which room they were unable to say with certainty. They were also unable to charge the fire to any particular cause, although they remarked that the ashes which came from the wood fires about the building were found in the cellar, holding from fifteen to twenty bushels. This box was in a room in which the patent office had its winter wood stored."

December 19, 1836, on motion of Senator Ruggles of Maine a committee of five was appointed to examine and report the extent of the loss and to consider what measures ought to be adopted to repair the loss and to establish

such evidences of property in patented inventions as the destruction of the models and drawings may have rendered necessary for its security. The committee made its report January 9, 1837, and a brief extract from that report follows:

"The patent office contained the largest collection of models in the world. It was an object of just pride to every American able to appreciate its value as an item in the estimate of national character or the advantages and benefits derivable from the patent system. The models were a pride which must stand ranked by the providence which exposed so many men to the loss of their property."

"The number of models was about 7,000. Many of them displayed great talent, ingenuity and mechanical science. The great American inventions, pertaining to the spinning of cotton and wool and the manufacture of fabrics, in many respects exceed those of any other nation, and the British manufacturers were reluctantly obliged, at the expense of no little national pride, to lay aside their own machinery and adopt improvements to prevent our underselling them in their home market. In this department were the inventions of Brown, Thorpe, Duffield, Couillard, Calvert and others. The models of the various parts of the machinery for manufacturing wools, ready by one operation to produce a variety of different textures, and the mechanical combinations ever invented, of this character, were deposited in the patent office for making wool cards. There were several models of valuable improvements in shearing and napping cloth, patented by Messrs. Stow, Parsons, Daniels and others."

"That report tells of other models—those of American inventors, which were the use of steam and of agricultural machinery and implements—which were lost. It is interesting to note that the various parts of the machinery were not in the patent office, the report setting forth that the name of Fulton is associated with one of the noble efforts of genius and science. It has often been regretted that no model was preserved of the American invention, which was first to demonstrate the practicability of making steam subservient to the purpose of useful navigation. There were, however, deposited in the patent office a volume of drawings, elegantly executed by his own hand, delineating the various parts of the machinery he employed, and embracing three beautiful representations of his steamer making good its way through the Hudson, the opposing current of the Hudson."

"It contained also an account of the origin of the fire was never determined. There were various theories. When the engines arrived there was long delay in getting water on the fire. The firemen were obliged to carry their hose up two stairways and through 500 feet of hot and smoky corridors before a stream was turned on the flames. The fire, where the fire was fiercest, was by a narrow and crooked stairway. There was also trouble with the water pressure, the fire being eighty feet above the street. The whole west wing was ablaze before the lines of hose began their play on the flames. After the fire was under control, great efforts had been put forth to keep the building from being taken fire, and a small army of men were getting the flames under control. Great efforts had been put forth to keep the building from being taken fire, and a small army of men were getting the flames under control. Great efforts had been put forth to keep the building from being taken fire, and a small army of men were getting the flames under control."

KEEPING THE ARMY WELL IS THE JOB OF SURGEON GENERAL GORGAS

WAR is an unhealthy occupation. An army, as a rule, loses more men by disease than by casualties in action. Masses of men assembled in military camps are apt to breed disease. The only effective way of keeping the healthy soldier, the invalid is not only ineffective, but he is a distinct drag on his healthy comrades, and, hence, to military operations.

From a military, from a humanitarian and from an economic point of view, an army with the highest percentage of healthy men in it is the best army. Silly, isn't it, to waste space stating these self-evident truths? Still, it is only in recent years that their full significance was appreciated in this and other countries. The old established military idea was that the medical departments of armies were to take care of the sick and wounded. The fact that there are always more sick than wounded in the course of centuries finally impressed itself on governing bodies. Hence the new military idea is to keep men well. It makes less patients.

Keeping men well, then, has become the distinct function of the medical department of the United States Army since the Spanish-American war of 1898. Really wonderful things have been accomplished in that direction. An example: In 1898 there were 25,000 cases of typhoid fever among the 16,000 American troops in the field. During 1913 out of a total force of some 57,000 men in all branches, including the Philippine Islands, the Canal Zone, those of the Porto Rico regiment, those in Hawaii and those in Alaska, there were but four cases of typhoid. Two of them were acquired by recruits before joining the army.

Consider the fact that during the year 19,000 of these men were in camp along the Texas border and that during that time not a case of typhoid occurred among them. Results like that tell what preventive medicine means. To get the results in official language, listen to the words of Brig. Gen. William C. Gorgas, surgeon general of the United States Army. "The great reduction in the amount of preventable disease foreshadows great economies to the government. The practical application is developed. Until comparatively recently the duties of official officers, listen to the words of Brig. Gen. William C. Gorgas, surgeon general of the United States Army. "The great reduction in the amount of preventable disease foreshadows great economies to the government. The practical application is developed. Until comparatively recently the duties of official officers, listen to the words of Brig. Gen. William C. Gorgas, surgeon general of the United States Army."

Medical officers are very fond of reducing things to statistical bases. What they call the "man-effective rate" is the true index of the loss of an army from disease and injury. This rate indicates the average number of men in each 1,000 incapacitated for duty each day during the year. For the Amer-

ican army in the last fiscal year, the rate was 23.97, the lowest ever recorded for the army.

A soldier who mashes his thumb in tacking up a picture in the post exchange figures in the "non-effective rate" for the time being; so does the soldier who irritates a temperamental mule and gets kicked in the abdomen; so does the soldier who shoves his well-regulated stomach into revolt by taking into it, on day's leave, substances which he cannot quantitatively never intended for human digestion.

Still, the day's average of soldiers figures in the "non-effective rate" of every thousand. Some things, like the soldier's private, that make the regulated stomach into revolt by taking into it, on day's leave, substances which he cannot quantitatively never intended for human digestion.

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Man Who Abolished Yellow Fever in Cuba and Made Panama Livable Accomplishes Wonderful Results in Preserving Health of Soldiers—For the First Time in History Has Kept Disease Out of Large Military Camps—Nation's Defensive Forces Better Prepared Than Ever to Vanquish Disease, Always a More Potent Enemy Than Human Foes, in Any War That May Come—Keeping Men Well Has Become a Distinct Function of the Medical Department of the United States Army Since the Spanish-American War.

military value of camp sanitation and preventive medicine as it had never been demonstrated by any army before. And Kitchener, whose insistence on long training of green troops in England before he would send them to the continent is a matter of general comment, is concentrating that training really on just two things: how to take care of one's self and how to shoot, the first, of course, involving that essential subject of camp sanitation.

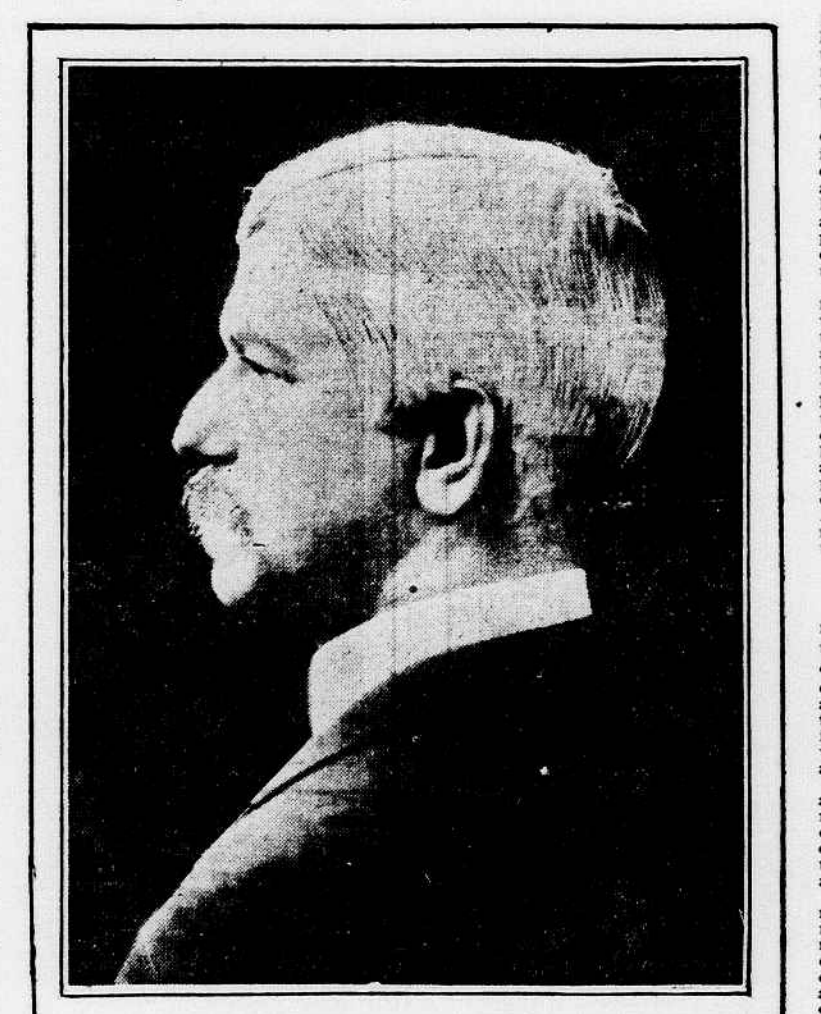
In all great wars, as Gen. Gorgas or any other student will tell you, the one problem of taking care of the wounded always swamps the medical corps. Not yet has any army got to the point of possessing an adequate organization for this one job. Hence, as Irving Cobb and other European war observers have said, the theater of the war in Europe is one vast stretch, which means inadequate facilities for tending the sick and wounded, taking care of the dead. Epidemic is the certain result.

But—and here is the ideal of the medical department of the American army—teach unceasingly the lessons of military sanitation and personal hygiene until the resulting practices become habit, and strive to build the department to the point where, in the event of war, it will be able to disprove history and fail to break down under the strain.

Fortunately the mobile American mind in the rank and file of the army has grasped the modern idea, perhaps more comprehensively than it has been grasped in any other present-day army. The result is the hearty cooperation throughout the service mentioned by Gen. Gorgas in the words quoted above.

What Gorgas did in Cuba pointed the way to what might be accomplished. He went into Cuba in 1898 as a major and surgeon. He remained. He cleaned up Havana, and then he cleaned up Cuba. He eliminated yellow fever.

Now, back in 1763 the British captured Cuba. They whipped the Spanish and took possession. But yellow fever and other tropical diseases whipped the British and whipped them soundly. Old Yellow Jack made Havana too hot to hold them. They had to surrender to him and get out. Were the Americans, the succeeding foreign invaders, 135 years after, also to be



COL. WILLIAM C. GORGAS, U. S. A.

defeated by Yellow Jack? They were no better prepared than the British were. As Gen. Gorgas has set forth the situation: "We were handicapped by lack of training and experience. We had had practically no experience in the tropics. While we had gone into Mexico in 1846, there was little of the knowledge then existing of tropical diseases that has since been accumulated in India, Africa, Eastern Asia and tropical America. Nor did the memory of what we

may have learned in Mexico come down to us fifty-two years later. The great development of preventive medicine was not then in a stage convenient for practical application. The people were not educated up to its ideas. Gorgas began his war on Yellow Jack immediately on his arrival. First, there was little of the knowledge then existing of tropical diseases that has since been accumulated in India, Africa, Eastern Asia and tropical America. Nor did the memory of what we

in the civilian population of the United States, had been practically non-existent in the army.

What the army medical men can do when they have a chance is graphically told by Gen. Gorgas in facts regarding the 5,000 Mexican federal troops and their camp followers of both sexes, that fled across the border after the battle of Ojinaga January 18, 1898. They were crowded into Fort Bliss and Fort Wingate. Typhoid and smallpox were rife among them when they came within the American lines.

They were compelled to build a sanitary camp. Then in one day 422 of them were lined up and inoculated against typhoid and vaccinated. These diseases promptly ceased. Since then the health conditions have been admirable for the American medical officers who always on the job. The similar number of Mexicans in Mexico ever had such a low death and disease rate as these people possessed. Gen. Gorgas has in the medical department, which he commands, some 5,000 people. They are divided as follows: 1,000 medical officers, 425 medical reserve officers on active duty, 31 contract surgeons, 16 commissioned dentists, 39 Army Nurse Corps, 150 Hospital Corps, 4,055 civil employees, 225. Wherever there are American soldiers the medical department is represented, watching over, guarding, protecting the health of the men.

Gen. Gorgas points out, his organization is barely adequate to do the work it should do in time of peace. He is trying to provide enough trained men to meet the demands upon the medical department in mobilization and war.

And his statement is illustrative of the habit of mind of Gen. Gorgas. It is not the accomplishments of the past, but the needs of the future, that engage his attention. He is building health insurance in the army. He has it now where, in his belief, epidemics of disease in any army the nation may be called upon to put in the field will not occur as they did in the past.

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impressed with the value of sanitation in the field. They are regular soldiers and older soldiers will quickly instruct the new men in the habits so essential to health camps. That is, then, a yeast to leaven the whole that was absent in 1898."

Some of the things most needed are described by Gen. Gorgas as follows: "The reorganization of the hospital corps is essential if its efficiency is to be preserved. The organization of several new field hospitals, the purchase of companies in 1914 in part remedies the glaring defect observed in the shortage of mobile sanitary units. Our present personnel permits only one-half of the regular army in the field to be served by the sanitary units. In view of the great battle losses to be expected in modern wars, it is imperative that the medical department be reorganized to rely upon improved units that must serve at the front."

It seems that a comprehensive scheme was adopted to keep medical officers trained and abreast of the times. The medical department is strictly professional duties. "For some years it has been necessary to rotate constantly from 80 to 100 members of the Medical Reserve Corps with troops. It is desirable that the Medical Corps be large enough to perform all the duties required of it and any reserve of trained medical officers be effected in other ways. In the past, the medical department has been unable to meet a sufficient number to carry out the duties of the medical department to meet the demands upon the medical department in mobilization and war."

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